



Objectives and framework for internships abroad

First trainee period - social and health service helper

Ahead of your internship abroad

To ensure that you greatly benefit from your internship abroad, it is important that you attend preparatory classes prior to your departure.

Additionally, you are also to agree on the following topics with your Danish workplace/mentor:

- How and how often you are to communicate during your foreign trainee period, e.g. by means of a log book, Skype or in similar manner.
- When and how you are to make an oral presentation after your completed trainee period.

During your internship abroad

During your foreign internship, you are to primarily focus on the below trainee objectives, which you are to meet at an experienced level as a minimum. To qualify for this rating, you are to

- perform a task independently and in cooperation with others
- plan and complete a task or activity
- solve a problem
- independently familiarize yourself with more complex problems under routine and well-known circumstances.

At this level, high priority is assigned to to your flexibility and adaptability.

Selection of trainee objectives for foreign internships

You are able to

- Meet other people in an ethical, respectful and appreciative manner and to argument for your professional standpoint towards colleagues, citizens and relatives while - at the same time - you have the ability to acknowledge and perform your role in developing interhuman relations (objective 2).
- Provide personal and practical care services to citizens in order to assist them in maintaining their independence and quality of life (objective 5).



- Concentrate your work on the prevention of diseases, which includes current observations and appropriate reaction on citizens' physical, psychological and social state of health (objective 6).
- In interaction with relevant professional groups, reflect on and understand your own professional role in initiating citizen health care processes such as training programmes, etc. (objective 9).
- Support, guide and initiate activities in cooperation with the citizen in order to support him in doing the chores (objective 11).
- Communicate professionally with and provide relevant information to citizens, relatives and cooperation partners (objective 15).
- Move citizens in accordance with correct ergonomic principles and to use relevant welfare technology (objective 17).
- Take initiative to continuously acquire new knowledge and develop cooperation skills (objective 19).

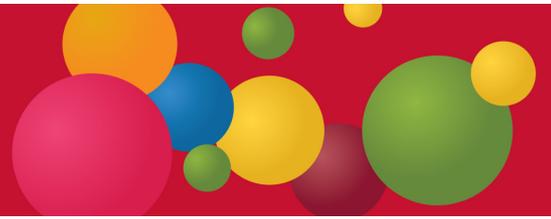
After your internship abroad

Oral presentation

Once you have completed your internship abroad, you are to make a presentation of your professional knowledge as well as the professional observations and reflections you have acquired during your foreign trainee period.

It is expected that you are able to explain and communicate

- Information about the services offered in the country of internship, e.g. relevant rules, legislation and common practice within the field of health care services.
- Comparisons between Danish and foreign conditions including an evaluation of the consequences these differences may have on citizens and employees.
- Reflections on your professional and personal development during your trainee period abroad.
- Information on how you intend to evaluate your presentation.
- Your educational considerations in relation to your presentation.



Time and framework for your presentation

In cooperation with your mentor and, if needed, your training consultant, you are to plan and coordinate the date and time for your presentation. It takes place at your trainee workplace in Denmark.

The presentation is to last approx. 45 minutes.

Subsequently, you will get feedback from and have the chance to assess and evaluate your presentation together with your mentors.